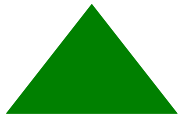


Change is Inevitable

These are some of my favorite quotes about "CHANGE." Life is all about changing.. Every moment is different from the rest. We grow and adjust and learn. When change happens that is not what we expect or that impacts us negatively, there is some element of goodness that always arises over time. Natalie Danielson

- "A year from now you will wish you had started today." -Karen Lamb
- "It doesn't matter where you are, you are nowhere compared to where you can go." -Bob Proctor
- "Nobody can go back and start a new beginning, but anyone can start today and make a new ending." -Maria Robinson
- "By changing nothing, nothing changes." -Tony Robbins
- "Today is the first day of the rest of your life." -Anonymous
- "All great changes are preceded by chaos." -Deepak Chopra
- "Getting over a painful experience is much like crossing monkey bars. You have to let go at some point in order to move forward." -C.S. Lewis
- "When in doubt, choose change." -Lily Leung
- "If you do what you've always done, you'll get what you've always gotten." -Tony Robbins
- "Your life does not get better by chance, it gets better by change." -Jim Rohn
- "If you don't like something ... change it. If you can't change it, then change the way you think about it." -Mary Engelbreit
- "When we are no longer able to change a situation, we are challenged to change ourselves." -Victor Frankl
- "If nothing ever changed, there would be no butterflies." --Author Unknown
- "Be the change you want to see in the world." -Mahatma Gandhi
- "Change is the end result of all true learning." -Leo Buscaglia
- "If we don't change, we don't grow. If we don't grow, we are not really living." -Gail Sheehy
- "Change is inevitable. Growth is intentional." Glenda Cloud
- "One day your life will flash before your eyes. Make sure it's worth watching." -Unknown
- "If you can't change your fate, change your attitude." -Amy Tan
- "When you are through changing, you are through." -Bruce Barton
- "There is nothing permanent, except change." -Heraclitus
- "Without adversity.. without change.. Life is boring." -John Amatt
- "The world as we have created it is a process of our thinking. It cannot be changed without hanging our thinking." -Albert Einstein
- "Education is the most powerful weapon which you can use to change the world." - Nelson Mandela
- "Live is a series of natural and spontaneous changes. Don't resist them; that only creates sorrow. Let reality be reality. Let things flow naturally forward in whatever way they like." -Lao Tzu
- "I, alone, cannot change the world. But, I can cast a stone across the waters to create many ripples." -Mother Teresa
- "Those who cannot change their minds cannot change anything." - George Bernard Shaw
- "Some changes look negative on the surface but you will soon realize that space is being created in your life for something new to emerge." -Eckhart Tolle
- "Things changed, people changed, and the world went rolling along right outside my window." -Nicholas Sparks, Message in a Bottle
- "The changes we dread most...may contain our salvation." -Barbara Kingsolver

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